



**BEECHWOOD**  
Primary School

## **SEX EDUCATION POLICY**

**June 2023  
Summer Term**

Approved by: **Engagement and Wellbeing Committee**

Date:

Last reviewed on: **June 2023**

Next review due by: **June 2024**

# SEX EDUCATION

## **1. Rationale and Purpose:**

Although it is not a statutory requirement in primary schools, at Beechwood we believe that Sex Education can lead to positive health and behavioural outcomes. We tailor our Sex Education lessons to the age and physical and emotional maturity of the children.

## **2. Aims and Objectives:**

At Beechwood Primary School we aim to support pupils' confidence in their own ability and self-image, preparing them for the opportunities, responsibilities and experiences of life.

Our aims are:

- to promote pupils' confidence, self-respect and self-esteem;
- to provide a curriculum that will enable pupils to learn about human bodies and reproduction;
- to develop communication skills when talking about sensitive issues, and know where to get help and advice;
- to develop risk assessment skills in decision making;
- to develop assertiveness and the ability to say 'no' appropriately.

## **3. Subject Content and Delivery:**

Teachers and teaching assistants both play a vital role in the delivery of effective Sex Education. Sex Education needs to be delivered in a safe, secure and supportive learning environment. It is essential that clear ground rules are discussed regarding confidentiality, respect and boundaries.

At Beechwood we follow the National Curriculum for Science, which is a statutory requirement for all primary schools. This includes studying the topics 'Living Things and their Habitats' and 'Animals including Humans'.

In Year 5, children are taught to describe the life process of reproduction in some plants and animals. They find out about different types of reproduction including sexual reproduction in animals.

Through studying 'Animals including Humans', pupils are taught to describe the changes as humans develop through age. This includes learning about the changes experienced in puberty.

In Year 6, children are taught to build on their learning from Year 5 and recognise impact of lifestyle choices on their bodies.

Alongside the National Curriculum for science, we also teach Sex Education through the '1 Decision' scheme of work. In the theme 'Growing and Changing', Year 5, children learn about puberty and in Year 6, children learn about conception.

In Year 5, this will include why puberty begins, how our bodies change, wet dreams and periods.

In Year 6, this will include the process of conceiving a baby, the reproductive system and the stages of pregnancy.

#### 4. Pupils with Additional Needs:

Sex Education should be accessible for all pupils. Some children may be more vulnerable due to the nature of their needs. Where it is felt that children may need the curriculum adapting, staff will decide on an appropriate delivery in consultation with parents.

#### 5. Role of Parents & Carers:

Parents and carers have a key role in the Sex Education of their children and are invited into school in the summer term to view and comment on the Sex Education scheme of work. They are also encouraged to access the long term plan which is available the school website.

Parents and carers have been consulted in the development of this policy. Any parent or carer that wishes to withdraw their child from Sex Education can discuss this with the Headteacher. Parents and carers are allowed to withdraw children from any Sex Education delivered other than as part of the science curriculum.

#### 6. Monitoring

The Engagement and Wellbeing Strand and PSHE Champion are responsible for monitoring the delivery of Sex Education across the school. This will be carried out through learning walks, drop-in sessions and pupil voice. Staff CPD will be delivered as appropriate through careful evaluation of the subject.

### SEX EDUCATION POLICY

This policy was adopted at a meeting of Engagement and Wellbeing Governor sub-committee, held on \_\_\_\_\_

Date to be reviewed: **June 2024**

Signed:

Name of signatory:

S. Harper

J. Cargill

Role of signatory:

Headteacher

Chair of Governors