

OUR COMMITMENT TO YOU.....

Our "Food For Life Served Here" menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler's of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

FRESH Catering



Spring / Summer 2023

At: **Beechwood Primary School**

May 2023							June 2023							July 2023						
M	Tu	W	T	Fri	Sa	Su	M	Tu	W	T	Fri	Sa	Su	M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30	31					29	30	31				

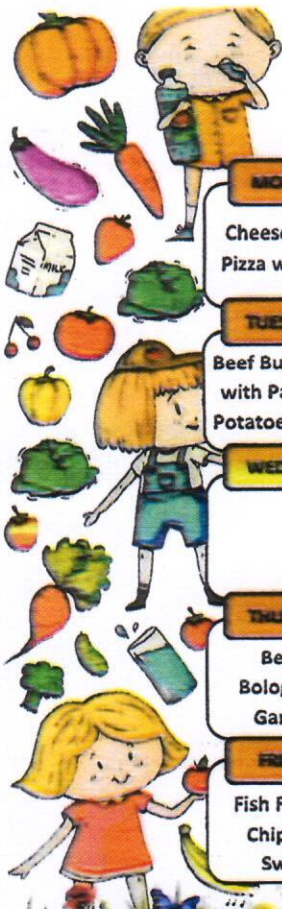
September 2023							October 2023							November 2023						
M	Tu	W	T	Fri	Sa	Su	M	Tu	W	T	Fri	Sa	Su	M	Tu	W	T	Fri	Sa	Su
				1	2	3	1	2	3	4	5	6	7	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28	22	23	24	25	26	27	28
25	26	27	28	29	30	31	29	30	31					29	30	31				



Spring/ Summer Menu 2023

Week 1

Week 2



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese & Tomato Pizza with Wedges	Beef Burger in a Bun with Paprika Sauté Potatoes & Coleslaw	Assorted Sandwiches	Beef Pasta Bolognese with Garlic Bread	Fish Fingers with Chips, Peas or Sweetcorn	Vegetarian Sausage Roll with Potato Wedges (v)	Assorted Sandwiches	Sausage Bap with Hash Browns	Katsu Chicken Curry with Sauté Potatoes	Battered Fish & Chips with Baked Beans or Peas
Tuna or Cheese Sandwich	Vegetarian Burger, Sauté Potatoes & Coleslaw (v)	Chocolate Orange Kracholette or Fresh Fruit	Quorn Bolognese with Garlic Bread (v)	Tuna or Egg Sandwich	Tuna or Cheese Sandwich	Vegetarian Sausage Bap with Hash Browns (v)	Quorn Katsu Curry with Savoury Rice (v)	Ham or Egg Sandwich	Vegetarian Sausage Roll & Chips with Beans or Peas (v)
Dorset Apple Cake or Fresh Fruit	Ham or Egg Sandwich		Ham or Egg Sandwich	Shortbread Finger with Fruit Chunk or Fruit	Chocolate Crunch Finger with Fruit Chunks	Melting Moment, Yogurt or Fresh Fruit	Apple & Sultan Flapjack or Fruit	Pear & Chocolate Sponge or Fruit	Ice Cream & Fruit Coulls or Fruit

JACKET POTATO WITH A CHOICE OF FILLING/S AVAILABLE DAILY